

APRIL DAILY BRAIN BREAKS

Mon

Tue

Wed

Thu

Fri

MovingMinds™

1

**Animal
Movements**

2

GO OUTSIDE

5



Yoga

6

GO OUTSIDE

7



Hide & Seek

8

Hopscotch



9

Dance Party

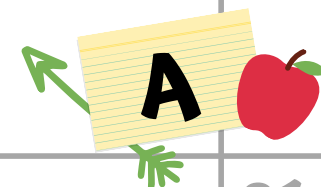


12

Yoga

13

Name Game



14

This or That

15

**Reading
Time**

16

**Draw or
Color**



19

Yoga



20

**Sports
Movements**

21

GO OUTSIDE

22

**Movement
Maze**



23

**Alphabet
Hide & Seek**

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Yoga

27

Phrases



28

**True/False
Statements**



29

GO OUTSIDE

30

**Movement
Stations**